

Your Guide To Eating Fish Caught In Florida

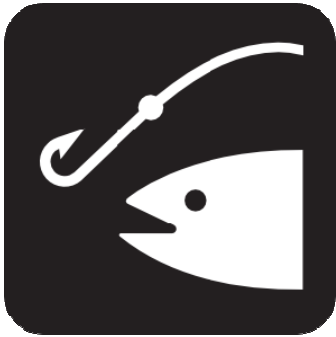
Fish Consumption Advisories are published periodically by the State of Florida to alert consumers about the possibility of chemically contaminated fish in Florida waters. The advisories are meant to inform the public of potential health risks of specific fish species from specific water bodies.

2017



Florida Department of Health

Prepared in cooperation with the Florida Department of Environmental Protection and Agriculture and Consumer Services, and the Florida Fish and Wildlife Conservation Commission



2017 Florida Fish Advisories



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Eat Healthy, Eat Smart

Eating Fish is an important part of a healthy diet. Rich in vitamins and low in fat, fish contains protein we need for strong bodies. It is also an excellent source of nutrition for proper growth and development. In fact, the American Heart Association recommends that you eat two meals of fish or seafood every week.

At the same time, most Florida seafood has low to medium levels of mercury.

Depending on the age of the fish, the type of fish, and the condition of the water the fish lives in, the levels of mercury found in fish are different.

While mercury in rivers, creeks, ponds, and lakes can build up in some fish to levels that can be harmful, most fish caught in Florida can be eaten without harm.

Florida specific guidelines make eating choices easier. To lower the risk of harm from mercury found in fish caught in Florida, guidelines based on tests of various freshwater, marine and estuarine water bodies are enclosed. This information should be used by everyone to determine the type and amount of fish to eat or avoid.

Extra guidelines for women and young children. For most people, the risk of eating fish exposed to mercury is not a health concern. However, developing fetuses and young children are more sensitive to the harmful effects mercury has on the brain than other people. As a result, women of childbearing age and young children should eat less fish than all others to avoid the higher health risks.

Eating fish from commercial, untested or unknown sources. Some fish you eat may not have been caught from water bodies tested for mercury. In cases where women of childbearing age, and young children do not know if the fish has been tested, or when it has been purchased from a store or restaurant, they should:

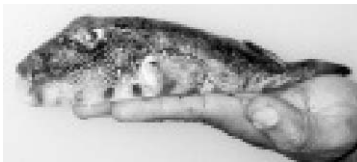
- o Not eat Shark, Swordfish, King Mackerel, or Tilefish because they contain high levels of mercury.
- o Eat up to 12 ounces a week of a variety of fish and shellfish that are lower in mercury. Commonly eaten seafood that are low in mercury include Shrimp, canned Light Tuna, Salmon, Pollock, and Catfish **OR**
- o Only eat one 6 ounce meal per month of Largemouth bass, Bowfin and Gar **OR**
- o Eat up to 6 ounces of Albacore Tuna per week and a second meal of a fish low in mercury, since Albacore ("White Tuna") has more mercury than canned Light Tuna **OR**
- o Eat up to 6 ounces of fish per week from local water bodies not listed in the brochure.

How much fish is considered a meal portion? A meal is 6 ounces of cooked fish.

How would I determine the maximum amount of fish to eat each month? Based on recommendations in the charts, the amount of fish eaten from each water body should be added together to figure the maximum amount of fish to eat monthly. Fish from commercial, untested, or unknown sources should also be included when figuring the total amount of fish consumed each month.

Most freshwater fish caught in Florida can be eaten without harm. Bream (such as Bluegill, Redear sunfish, Redbreast sunfish or Spotted sunfish) and marine fish such as Mullet, Snappers, Pompano, Flounder, and Dolphin are generally low in mercury. Review the list of water bodies in this brochure to learn which fish can be consumed regularly and which should be avoided.

AVOID PUFFER OR SUFFER



Do not eat puffer fish caught in the Indian River Lagoon and from waters in Volusia, Brevard, Indian River, St. Lucie and Martin Counties. These include the southern puffer, northern puffer, marbled puffer, bandtail puffer, checkered puffer and least puffer. Eating Puffer fish (also called Blowfish) can cause saxitoxin poisoning which can lead to neurological symptoms such as tingling, burning, numbness, drowsiness, incoherent speech and difficulty breathing. In severe cases, the poisoning can cause death. **Cooking or cleaning the fish will not destroy**

the toxin. This toxin also has no taste, color or smell. If you experience any of the symptoms mentioned, contact your physician or visit the emergency room immediately.

The Florida Fish and Wildlife Conservation Commission prohibits the harvesting of puffer fish from the Indian River Lagoon and all other Florida waters of Brevard, Martin, Indian River, Volusia, and St. Lucie Counties.

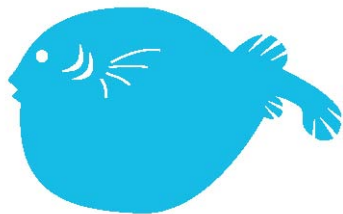


Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* | | |
|---|----------------------------|--|---|---|-------------------|---------------|
| Aerojet Canal [see Canal C-111] | Miami-Dade | | | | | |
| Alafia River | Hillsborough, Polk | Spotted sunfish | One per week | Two per week | | |
| | | Largemouth bass | One per month | One per week | | |
| Alapaha River | Hamilton | Spotted bullhead catfish, White catfish, | One per week | Two per week | | |
| | | Spotted sunfish, Redbreast sunfish, Redear sunfish | One per month | Two per week | | |
| | | Bluegill, Brown bullhead catfish, Channel catfish, Largemouth bass | One per month | One per week | | |
| | | Mayan cichlid | One per week | Two per week | | |
| | | Butterfly peacock, Redear sunfish | One per month | Two per week | | |
| | | Bluegill, Oscar, Spotted sunfish | One per month | One per week | | |
| Alligator Alley (I-75) Canals | Broward | Warmouth, Yellow bullhead catfish, Largemouth bass less than 14 inches | One per month | One per month | | |
| | | Largemouth bass 14 inches or more | DO NOT EAT | One per month | | |
| | | Bluegill, Redear sunfish, Warmouth, Brown bullhead catfish | Two per week | Two per week | | |
| | | Largemouth bass | One per week | Two per week | | |
| | | Redear sunfish | One per week | Two per week | | |
| | | Bluegill, Channel catfish | One per month | Two per week | | |
| Alligator Lake | Osceola | Black crappie | One per month | One per month | | |
| | | Largemouth bass | DO NOT EAT | One per month | | |
| | | Anclote River | Pasco | Largemouth bass | DO NOT EAT | One per month |
| | | Apalachicola River [see separate advisory for Lake Seminole] | Calhoun, Franklin, Gadsden, Gulf, Jackson, Liberty | Blue catfish, Channel catfish | Two per week | Two per week |
| Bluegill, Redbreast sunfish, Redear sunfish, Spotted sunfish | One per week | | | Two per week | | |
| Flathead catfish, Largemouth bass, Striped bass | One per month | | | One per week | | |
| Aucilla River | Jefferson, Madison, Taylor | | | Redbreast sunfish | One per month | Two per week |
| | | Largemouth bass, Spotted sunfish | One per month | One per month | | |
| | | Banana Lake | Polk | Black crappie, Bluegill, Blue tilapia | Two per week | Two per week |
| Redear sunfish | One per week | | | Two per week | | |
| Largemouth bass | One per week | | | Two per week | | |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|--|----------------------|---|---|---|
| Barron River | Collier | Largemouth bass less than 14 inches | One per month | Two per week |
| | | Largemouth bass 14 inches or more | DO NOT EAT | DO NOT EAT |
| | | | | |
| Basin Bayou | Walton | Bluegill | One per week | Two per week |
| | | Largemouth Bass | One per month | One per week |
| Bear Lake Fish Management Area | Santa Rosa | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Largemouth Bass | One per month | One per week |
| Bear Lake | Orange | Redear sunfish | One per week | Two per week |
| | | Bluegill | One per week | One per week |
| | | Largemouth bass | One per month | One per month |
| Bethel Lake | Volusia | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Big Cypress Preserve | Collier | Warmouth | One per month | One per month |
| | | Largemouth bass less than 14 inches | DO NOT EAT | One per month |
| | | Largemouth bass 14 inches or more | DO NOT EAT | DO NOT EAT |
| | | | | |
| Big Sand Lake (see advisory in Table 3 for lead [Pb]) | Orange | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Black crappie, Largemouth bass | One per month | One per week |
| Black Creek (South Fork) | Clay | Bluegill | One per month | Two per week |
| | | Redbreast sunfish | One per month | One per week |
| | | Redear sunfish | One per month | One per week |
| | | Largemouth bass | One per month | One per month |
| Black Creek Canal (C-1) | Miami-Dade | Bluegill, Mayan cichlid, Redear sunfish | Two per week | Two per week |
| | | Butterfly peacock, Spotted sunfish, Largemouth bass | One per week | Two per week |
| Blackwater Creek | Lake | White catfish | Two per week | Two per week |
| | | Bluegill, Redbreast sunfish | One per month | Two per week |
| | | Spotted sunfish | One per month | One per week |
| | | Largemouth bass | One per month | One per month |
| Blackwater River and tributaries (including Alligator Creek, Big Coldwater Creek, Big Juniper Creek, and Sweetwater Creek) | Okaloosa, Santa Rosa | Bluegill | One per week | Two per week |
| | | Longear sunfish, Redear sunfish | One per month | Two per week |
| | | Spotted sunfish, Warmouth | One per month | One per week |
| | | Chain pickerel, Shadow bass | One per month | One per month |
| | | Largemouth bass | DO NOT EAT | One per month |

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| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|--|---------------|--|---|---|
| Blue Cypress Lake | Indian River | Bluegill, Redear sunfish, | One per week | Two per week |
| | | White catfish | One per month | |
| | | Black crappie, Largemouth bass | One per month | One per month |
| Bonnet Lake | Polk | Largemouth bass | One per month | Two per week |
| Brick Lake | Osceola | Bluegill | One per month | One per week |
| | | Warmouth | One per month | One per month |
| | | Largemouth bass | DO NOT EAT | One per month |
| | | Chain pickerel | DO NOT EAT | DO NOT EAT |
| Buck Lake | Brevard | Redear sunfish | One per week | Two per week |
| | | Bluegill | One per month | One per week |
| | | Largemouth bass | DO NOT EAT | One per month |
| Bulow Creek | Flagler | Bluegill | Two per week | Two per week |
| Butler Lake Chain (including Lakes Bessie, Butler, Chase, Down, Little Fish, Louise, Palmer, Pocket, Sheen, and Tibet) | Orange | Bluegill, Redear sunfish | One per week | Two per week |
| | | Black crappie, | One per month | Two per week |
| | | Chain pickerel | One per month | One per week |
| | | Largemouth bass | One per month | One per month |
| Bystre Lake | Hernando | Bluegill, Blue tilapia | Two per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| C-13 Canal | Broward | Bullseye snakehead | One per week | Two per week |
| C-14 Canal [see Cypress Creek Canal System] | Broward | | | |
| C-16 Canal (Boynton Canal) | | Bluegill, Mayan cichlid, | Two per week | Two per week |
| | | Redear sunfish | | |
| | | Largemouth bass less than 14 inches | One per month | One per week |
| | | Largemouth bass 14 inches or more | DO NOT EAT | DO NOT EAT |
| C-17 Canal [see Earman River Canal System] | Palm Beach | | | |
| C-44 Canal (St. Lucie Canal) | Martin | Blue tilapia, Mayan cichlid, Redear sunfish | Two per week | Two per week |
| | | Bluegill, Channel catfish, Largemouth bass | One per week | Two per week |
| C-51 Canal (West Palm Beach Canal) | Palm Beach | Bluegill, Largemouth bass, Mayan cichlid, Redear sunfish | Two per week | Two per week |
| C-100 Canal [see Cutler Drain Canal System] | Miami-Dade | | | |

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| C-111 Canal (Aerojet Canal) | Miami-Dade | Redear sunfish | One per week | Two per week |
| | | Bluegill | One per month | Two per week |
| | | Mayan cichlid | One per month | One per week |
| | | Largemouth bass less than 14 inches | One per month | One per week |
| | | Largemouth bass 14 inches or more | DO NOT EAT | DO NOT EAT |
| | | | | |
| Caloosa Fish Management Area | Palm Beach | Channel catfish, Mayan cichlid | Two per week | Two per week |
| Caloosahatchee River and tributaries (including Lake Hicpochee) | Glades, Hendry, Lee | Mayan cichlid, Redear sunfish | Two per week | Two per week |
| | | Bluegill | One per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Chassahowitzka River | Citrus | Largemouth bass | One per month | One per month |
| Cherry Lake | Lake | Redear sunfish | Two per week | Two per week |
| | | Black crappie | One per week | Two per week |
| | | Bluegill | Two per week | Two per week |
| | | Brown bullhead catfish | One per month | One per week |
| | | Largemouth bass | One per month | One per month |
| Cherry Lake | Madison | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Black crappie | One per week | Two per week |
| | | Warmouth | One per month | Two per week |
| | | Largemouth bass | One per month | One per week |
| Chipola River and tributaries (including Juniper Creek and Dead Lakes) | Calhoun, Gulf, Jackson | Bluegill, Spotted bullhead catfish | One per week | Two per week |
| | | Redear sunfish, Spotted sunfish, Redbreast sunfish | One per month | Two per week |
| | | Shadow bass | One per month | One per week |
| | | Largemouth bass | One per month | One per month |
| Choctawhatchee River and tributaries | Bay, Holmes, Walton, Washington | Bluegill, Redear sunfish | One per week | Two per week |
| | | Redbreast sunfish, | One per month | One per week |
| | | Spotted sunfish, Warmouth, | | |
| | | Flathead Catfish | | |
| | | Largemouth bass | One per month | One per month |
| Clear Lake | Orange | Redear sunfish | Two per week | Two per week |
| | | Largemouth bass | One per week | Two per week |
| Colt Creek | Polk | Bluegill | Two per week | Two per week |
| | | Redear sunfish | | |
| | | Largemouth bass | One per week | Two per week |

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| Compass Lake | Jackson | Bluegill | One per month | Two per week |
| | | Warmouth | One per month | One per month |
| | | Largemouth bass | DO NOT EAT | One per month |
| Conway Chain (Lake Conway, Little Lake Conway) | Orange | Bluegill, Brown bullhead catfish, Redear sunfish, Warmouth | Two per week | Two per week |
| | | Chain pickerel | One per month | Two per week |
| | | Largemouth bass | One per month | One per week |
| Corbett WMA-all ponds on property | Palm Beach | Redear sunfish | One per week | Two per week |
| | | Bluegill | One per month | Two per week |
| | | Warmouth, Largemouth bass | One per month | One per week |
| Cowpen Lake | Putnam | Bluegill, Redear sunfish | One per month | One per week |
| | | Largemouth bass | DO NOT EAT | One per month |
| Crescent Lake/Dunns Creek | Flagler, Putnam | Redbreast sunfish, White catfish | Two per week | Two per week |
| | | Bluegill, Channel catfish | | |
| | | Largemouth bass, | One per month | One per week |
| | | Black crappie | | |
| Crescent Lake | Escambia | Redear sunfish | One per month | Two per week |
| | | Chain pickerel | DO NOT EAT | One per month |
| | | Largemouth bass | DO NOT EAT | DO NOT EAT |
| Crooked Lake | Polk | Bluegill, Redear sunfish | One per week | Two per week |
| | | Largemouth bass | One per month | One per month |
| Crooked River | Franklin | Bluegill | One per week | Two per week |
| | | Spotted sunfish | One per month | One per week |
| | | Largemouth bass | DO NOT EAT | One per month |
| Crystal River | Citrus | Largemouth bass | One per month | One per week |
| Cue Lake | Putnam | Largemouth bass | One per month | One per month |
| Cutler Drain Canal (C-100) System | Miami-Dade | Redear sunfish | Two per week | Two per week |
| Cypress Creek | Calhoun | Bluegill, Warmouth | One per month | Two per week |
| | | Yellow perch | One per month | One per week |
| | | Largemouth bass | DO NOT EAT | One per month |
| Cypress Creek Canal (C-14) System | Broward | Bluegill | Two per week | Two per week |
| | | Redear sunfish | One per week | Two per week |
| | | Bullseye snakehead | One per month | Two per week |
| | | Largemouth bass less than 14 inches | One per month | Two per week |
| Dead Lake | Flagler | Bluegill, White catfish, Redear sunfish | Two per week | Two per week |
| | | Black crappie | One per week | Two per week |
| | | Largemouth bass | One per month | One per week |

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| Dead Lakes [see Chipola River and tributaries] | Calhoun, Gulf, Jackson | | | |
| Deerpoint Reservoir | Bay | Bluegill | One per week | Two per week |
| | | Redear sunfish | One per month | Two per week |
| | | Largemouth bass | One per month | One per month |
| Dinners Lake | Highlands | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Doctors Lake | Clay | Redbreast sunfish | Two per week | Two per week |
| | | Bluegill, Redear sunfish | One per week | Two per week |
| | | Red drum | Two per week | Two per week |
| | | Largemouth bass | One per week | Two per week |
| | | White catfish | One per week | One per week |
| Doe Lake | Marion | Bluegill | One per month | Two per week |
| | | Warmouth | One per month | One per week |
| | | Largemouth bass | One per month | One per month |
| Double Pond | Holmes | Largemouth bass | One per month | One per week |
| E-4 Canal System (Lake Ida, Lake Osborne, Canals) | Broward, Palm Beach | Bluegill, Redear sunfish, Mayan cichlid | Two per week | Two per week |
| | | Largemouth bass | One per week | Two per week |
| Eagle Lake FMA | Hamilton | Bluegill | One per week | Two per week |
| | | Largemouth bass, Sunshine bass | One per month | One per week |
| Eagle Lake | Polk | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Earman River Canal (C-17) System | Palm Beach | Bluegill, Mayan cichlid, Redear sunfish | Two per week | Two per week |
| | | Largemouth bass more than 14 inches | One per month | One per week |
| East Lake Tohopekaliga | Osceola | Bluegill, Redear sunfish | One per week | Two per week |
| | | Black crappie, | One per month | One per week |
| | | Chain pickerel, Warmouth | | |
| | | Largemouth bass | One per month | One per month |
| Econfina Creek | Bay, Washington | Spotted sunfish | One per month | Two per week |
| Econfina River | Taylor | Redbreast sunfish, | One per month | One per week |
| | | Spotted sunfish | | |
| | | Largemouth bass | One per month | One per month |
| Econlockhatchee River | Orange, Seminole | White catfish | Two per week | Two per week |
| | | Redbreast sunfish | One per month | Two per week |
| | | Largemouth bass | One per month | One per month |

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| Emeralda Marsh WMA, Areas 2, 3 and 4 (see also Ocklawaha Lake Chain listing) | Lake, Orange | Black crappie, Bluegill, Brown bullhead catfish, Redbreast sunfish, Redear sunfish | Two per week | Two per week |
| | | Warmouth, Largemouth bass | One per week | Two per week |
| Emeralda Marsh WMA, Area 7 (see advisory in Table 3 for pesticides) | Lake | | | |
| Equaloxic Creek | Liberty | Bluegill, Redear sunfish | One per month | Two per week |
| | | Largemouth bass | DO NOT EAT | One per month |
| Escambia River and tributaries (see advisory in Table 3 for PCBs) | Escambia, Santa Rosa | Longear sunfish, | One per week | Two per week |
| | | Bluegill, | One per month | Two per week |
| | | Redear sunfish, | One per month | One per week |
| | | Largemouth bass, | One per month | One per month |
| | | Warmouth | One per month | One per month |
| Everglades National Park: All drainages (coming out of Big Cypress National Preserve) North and West of Shark Slough to Park boundary (includes Broad River, Rogers River, Lostmans River, New River, Turner River, Halfway Creek, and Barron River) | Monroe | Common snook, Red drum, Largemouth bass less than 14 inches | One per month | One per week |
| | | Gray snapper | One per month | Two per week |
| | | Largemouth bass more than 14 inches | DO NOT EAT | One per month |
| Everglades National Park: Shark River Slough south of Tamiami Trail, including Harney and Shark Rivers and Tarpon Bay and its tributaries (Squawk, Rookery, North Prong, & Otter Creeks) | Miami-Dade, Monroe | Redear sunfish, Gray snapper | One per month | Two per week |
| | | Bluegill, Spotted sunfish | One per month | One per week |
| | | Mayan cichlid | One per month | One per month |
| | | Common snook, Red drum, Largemouth bass less than 14 inches, Yellow bullhead catfish | DO NOT EAT | One per month |
| | | Largemouth bass 14 inches or more | DO NOT EAT | One per month |
| Evers Reservoir/Ward Lake | Manatee | Bluegill | One per month | Two per week |
| | | Largemouth bass | One per week | Two per week |
| Faka Union Canal | Collier | Redear sunfish | Two per week | Two per week |
| | | Warmouth, Mayan cichlid | One per month | Two per week |
| | | Bluegill, Spotted sunfish | One per month | One per week |
| | | Largemouth bass | One per month | One per month |
| Farm 13 Reservoir (including Stick Marsh) | Indian River | Bluegill, Redear sunfish, Black crappie, Redbreast sunfish, White catfish | Two per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Fenholloway River | Taylor | Spotted sunfish, White catfish | Two per week | Two per week |
| | | Redear sunfish, Largemouth bass | One per week | Two per week |

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|--|-------------------|--|---|---|
| Fisheating Creek | Glades, Highlands | Bluegill | One per month | One per week |
| | | Blue tilapia | One per week | Two per week |
| | | White catfish | One per month | One per week |
| | | Largemouth bass | DO NOT EAT | DO NOT EAT |
| Floral City Pool of the Tsala Apopka Chain of Lakes (Hampton, Tussock, and Floral City Lakes) | Citrus | Bluegill | One per month | Two per week |
| | | Redear sunfish | One per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Fox/South Lakes | Brevard | Brown bullhead catfish, Channel catfish, White catfish | Two per week | Two per week |
| | | Redear sunfish, Bluegill | | |
| | | Black crappie, Warmouth, Chain pickerel | One per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Gadsden Park, Tampa | Hillsborough | Bluegill | One per week | One per week |
| | | Largemouth bass | DO NOT EAT | One per month |
| Gap Lake | Washington | Black crappie | One per month | One per month |
| | | Largemouth bass | DO NOT EAT | One per month |
| Georges Lake | Putnam | Bluegill, Redear sunfish | One per week | Two per week |
| | | Black crappie, Warmouth | One per month | One per week |
| | | Largemouth bass | One per month | One per month |
| Grasshopper Lake | Marion | Bluegill | One per month | One per week |
| | | Warmouth | One per month | One per month |
| | | Largemouth bass | DO NOT EAT | DO NOT EAT |
| Grassy Lake | Highlands | Bluegill, Redear sunfish | One per week | Two per week |
| | | Largemouth bass | DO NOT EAT | One per month |
| Haines Creek | Lake | White catfish | Two per week | Two per week |
| Halfmoon Lake | Marion | Bluegill | Two per week | Two per week |
| | | Redear sunfish | One per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Hardee Lakes FMA | Hardee | Black crappie, Bluegill | Two per week | Two per week |
| | | Largemouth bass, Redear sunfish | | |
| | | Channel catfish | One per week | One per week |
| Harold Campbell Park (L-5 Canal) | Palm Beach | Redear sunfish | Two per week | Two per week |
| | | Bluegill | One per week | Two per week |
| Henderson Lake | Citrus | Bluegill | Two per week | Two per week |
| | | Redear sunfish | One per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Hernando Pool of the Tsala Apopka Chain of Lakes (Bellamy, Dodd, Todd, Croft, Van Ness and Hernando Lakes) | Citrus | Bluegill | One per month | Two per week |
| | | Redear sunfish | One per week | Two per week |
| | | Largemouth bass | One per month | One per week |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|--|---------------|---|---|---|
| Higginbotham Lake | Putnam | Largemouth bass | DO NOT EAT | DO NOT EAT |
| Hillsboro Canal | Palm Beach | Bluegill, Mayan cichlid, Redear sunfish | Two per week | Two per week |
| | | Bullseye snakehead | One per week | Two per week |
| | | Largemouth bass more than 14 inches | One per month | Two per week |
| Hillsborough River and tributaries | Hillsborough | Redbreast sunfish | One per week | Two per week |
| | | Bluegill | One per month | Two per week |
| | | Redear sunfish, Spotted sunfish, Warmouth | One per month | One per week |
| | | Largemouth bass | DO NOT EAT | One per month |
| Holeyland WMA | Palm Beach | Bluegill, Mayan Cichlid, Redear sunfish | One per month | One per week |
| | | Largemouth bass less than 14 inches | One per month | One per week |
| | | Largemouth bass 14 inches or more | DO NOT EAT | One per month |
| | | | | |
| Holly Chain of Lakes (Including Lake Ella, Lake Holly, and connected small ponds) | Lake | Bluegill, Redear sunfish | One per week | Two per week |
| | | Black crappie, Chain pickerel, Warmouth | One per month | Two per week |
| | | Largemouth bass | One per month | One per month |
| Holmes Creek | Washington | Choctaw bass | One per month | One per month |
| | | Largemouth bass | One per month | One per month |
| Homosassa River | Citrus | Gray snapper | One per week | Two per week |
| | | Bluegill | One per month | Two per week |
| | | Largemouth bass | One per month | One per month |
| Huguenot Pond | Duval | Bluegill | Two per week | Two per week |
| Hungryland (WEA) Canal | Palm Beach | Largemouth bass | DO NOT EAT | DO NOT EAT |
| Hunters Lake | Hernando | Redear sunfish | Two per week | Two per week |
| | | Largemouth bass | DO NOT EAT | One per month |
| | | Black crappie | DO NOT EAT | DO NOT EAT |
| Hurricane Lake (FMA) | Okaloosa | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Inverness Pool of the Tsala Apopka Chain of Lakes (Henderson, Big Henderson, Tsala Apopka, Spivey, and Davis Lakes) | Citrus | Bluegill | One per month | Two per week |
| | | Redear sunfish | One per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Ichetucknee River | Suwanee | Spotted sunfish | One per week | Two per week |
| Jacks Lake | Lake | Largemouth bass | One per month | One per month |
| Joe Budd Pond | Leon | Bluegill, Channel catfish, Sunshine bass | Two per week | Two per week |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|---|--------------------------------------|--|---|---|
| Johns Lake | Lake | Bluegill, Redear sunfish | One per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| | | Black crappie, Largemouth bass | One per month | One per week |
| Juniper Creek | Calhoun | Bluegill, Redbreast sunfish, Spotted sunfish | One per week | Two per week |
| | | Redear sunfish, Spotted bullhead catfish, | One per month | Two per week |
| | | Shadow bass, Largemouth bass | One per month | One per week |
| | | | | |
| Juniper Lake | Walton | Bluegill, Redear sunfish | One per week | Two per week |
| | | Largemouth bass | DO NOT EAT | One per month |
| Juniper Run | Marion | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Redbreast sunfish | One per week | Two per week |
| | | Spotted sunfish | One per month | Two per week |
| | | Largemouth bass | One per month | One per week |
| Karick Lake FMA | Okaloosa | Bluegill, Brown bullhead catfish, Redear sunfish | Two per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Kenansville Lake | Brevard | Black crappie, Bluegill, Redear sunfish, White catfish, Brown bullhead catfish, Warmouth | Two per week | Two per week |
| Kissimmee River (Pool A) | Osceola | Bluegill, Channel catfish, Redear sunfish, White catfish | One per week | Two per week |
| | | Spotted sunfish | One per month | Two per week |
| | | Largemouth bass | One per month | One per month |
| | | | | |
| Kissimmee River System (all Pools except A) | Highlands, Okeechobee, Osceola, Polk | Black crappie, Bluegill, Channel catfish, Redbreast sunfish, Redear sunfish | One per week | Two per week |
| | | Spotted sunfish, White catfish | One per month | Two per week |
| | | Largemouth bass | One per month | One per month |
| Koch Property | Sarasota | Redear sunfish | Two per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Koon Lake | Lafayette | Brown bullhead catfish | Two per week | Two per week |
| | | Bluegill | One per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Krome Avenue Canal (L-30) | Miami-Dade | Bluegill, Mayan cichlid, Redear sunfish | One per month | One per week |
| | | Largemouth bass less than 14 inches | DO NOT EAT | One per month |
| | | Largemouth bass 14 inches or more | DO NOT EAT | DO NOT EAT |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* | | |
|--|-------------------|--|---|---|--------------|--------------|
| L-7 Canal | Palm Beach | Bluegill, Redear sunfish | One per week | Two per week | | |
| | | Mayan cichlid, Largemouth bass | One per month | Two per week | | |
| | | less than 14 inches | | | | |
| | | Warmouth, Largemouth bass greater than 14 inches | One per month | One per week | | |
| L-8 Canal | Palm Beach | Bluegill, Channel catfish, Mayan cichlid, Redear sunfish | Two per week | Two per week | | |
| | | Largemouth bass less than 14 inches | One per week | Two per week | | |
| L-30 Canal (see Krome Avenue Canal) | Miami-Dade | | | | | |
| L-31W Canal | Miami-Dade | Bluegill, Mayan cichlid | One per month | One per week | | |
| | | Redear sunfish | One per week | Two per week | | |
| | | Largemouth bass less than 14 inches | One per month | One per week | | |
| | | Largemouth bass 14 inches or more | DO NOT EAT | DO NOT EAT | | |
| L-35A Canal | Broward | Bluegill, Mayan cichlid, Redear sunfish | Two per week | Two per week | | |
| | | Bullseye snakehead | One per week | Two per week | | |
| | | Largemouth bass | One per month | One per week | | |
| L-35B Canal | Broward | Mayan cichlid | One per week | Two per week | | |
| | | Bluegill, Redear sunfish | One per month | Two per week | | |
| | | Spotted sunfish, Butterfly peacock, Largemouth bass less than 14 inches | One per month | One per week | | |
| | | Warmouth | | | | |
| | | Largemouth bass 14 inches or more | DO NOT EAT | One per month | | |
| | | L-36 North Canal | Palm Beach | Bullseye snakehead | One per week | Two per week |
| | | L-38E Canal | Broward | Mayan cichlid | One per week | Two per week |
| Bluegill, Redear sunfish | One per month | | | Two per week | | |
| Spotted sunfish, Butterfly peacock, Largemouth bass less than 14 inches | One per month | | | One per week | | |
| Warmouth | | | | | | |
| Largemouth bass 14 inches or more | DO NOT EAT | | | One per month | | |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|---|-------------------|--|---|---|
| L-38W Canal | Broward | Mayan cichlid | One per week | Two per week |
| | | Butterfly peacock, Redear sunfish | One per month | Two per week |
| | | Bluegill, Spotted sunfish, Oscar | One per month | One per week |
| | | Warmouth, Yellow bullhead catfish, | One per month | One per month |
| | | Largemouth bass less than 14 inches, | | |
| Largemouth bass 14 inches or more | DO NOT EAT | One per month | | |
| L-39 Canal | Palm Beach | Largemouth bass 14 inches or more | One per month | One per week |
| L-40 Canal | Palm Beach | Bluegill, Redear sunfish | One per week | Two per week |
| | | Mayan cichlid, Largemouth bass less than 14 inches | One per month | Two per week |
| | | Warmouth, Largemouth bass 14 inches or more | One per month | One per week |
| | | | | |
| L-67A Canal | Broward | Mayan cichlid | One per week | Two per week |
| | | Butterfly peacock, Redear sunfish | One per month | Two per week |
| | | Bluegill, Spotted sunfish, Oscar | One per month | One per week |
| | | Warmouth, Yellow bullhead catfish, | One per month | One per month |
| | | Largemouth bass less than 14 inches, | | |
| Largemouth bass 14 inches or more | DO NOT EAT | One per month | | |
| Lake Agnes | Polk | Bluegill, Redear sunfish | One per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Lake Alfred | Polk | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Largemouth bass | One per week | Two per week |
| Lake Alto | Alachua | Bluegill, Redear sunfish | One per week | Two per week |
| | | Largemouth bass | One per month | One per month |
| Lake Annie | Highlands | Largemouth bass | DO NOT EAT | DO NOT EAT |
| Lake Apopka [see pesticide advisory separately in Table 3] The most conservative advisory is given here regarding both mercury and pesticides | Lake, Orange | Redbreast sunfish, Redear sunfish, Sunshine bass | Two per week | Two per week |
| | | Black crappie, Bluegill | One per week | Two per week |
| | | Warmouth | | |
| | | Largemouth bass | | |
| | | Brown bullhead catfish | One per month | One per week |
| Lake Apthorpe | Highlands | Redear sunfish | Two per week | Two per week |
| | | Largemouth bass | One per month | One per month |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|-----------------------|---------------|---|---|---|
| Lake Arbuckle | Polk | Bluegill, White catfish | One per month | Two per week |
| | | Redear sunfish | One per week | Two per week |
| | | Warmouth | One per month | Two per week |
| | | Black crappie | One per month | One per week |
| | | Largemouth bass | One per month | One per month |
| Lake Ariana | Polk | Bluegill, Chain pickerel, Redear sunfish | Two per week | Two per week |
| | | Black crappie, Largemouth bass | One per week | Two per week |
| Lake Ashby | Volusia | Bluegill | One per week | Two per week |
| | | Redear sunfish | One per month | Two per week |
| | | Largemouth bass | One per month | One per month |
| Lake Avalon | Collier | Largemouth bass | One per week | Two per week |
| Lake Baldwin | Orange | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Largemouth bass | One per week | Two per week |
| Lake Beauclair | Lake | Black crappie, Bluegill, Brown bullhead catfish, Redear sunfish, | Two per week | Two per week |
| | | Redbreast sunfish | | |
| | | Warmouth, Largemouth bass | One per week | Two per week |
| Lake Berry | Orange | Bluegill, Redbreast sunfish, | Two per week | Two per week |
| | | Redear sunfish, Warmouth | | |
| | | Largemouth bass | One per week | Two per week |
| | | Black crappie | One per month | One per week |
| Lake Bessie | Orange | Bluegill, Redear sunfish | One per week | Two per week |
| | | Black crappie, | One per month | Two per week |
| | | Chain pickerel | One per month | One per week |
| | | Largemouth bass | One per month | One per month |
| Lake Bradford | Leon | Bluegill | One per month | Two per week |
| Lake Broward | Putnam | Largemouth bass | One per month | One per month |
| Lake Bryant | Marion | Black crappie | Two per week | Two per week |
| | | Bluegill, Redear sunfish | One per week | Two per week |
| | | Warmouth | One per month | Two per week |
| | | Largemouth bass | One per month | One per week |
| Lake Buffum | Polk | Channel catfish | Two per week | Two per week |
| | | Bluegill, Redear sunfish, Brown bullhead catfish, Warmouth, White catfish | One per week | Two per week |
| | | Black crappie | One per month | Two per week |
| | | Largemouth bass | One per month | One per week |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|-----------------|---------------|--|---|---|
| Lake Butler | Orange | Bluegill, Redear sunfish | One per week | Two per week |
| | | Black crappie | One per month | Two per week |
| | | Chain pickerel | One per month | One per week |
| | | Largemouth bass | One per month | One per month |
| Lake Butler | Union | Black crappie, Bluegill | One per week | Two per week |
| | | Redear sunfish | One per month | Two per week |
| | | Largemouth bass | DO NOT EAT | One per month |
| Lake Cannon | Polk | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Black crappie | One per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Lake Carlton | Lake | Bluegill, Black crappie, Brown bullhead catfish, Redear sunfish, Redbreast sunfish | Two per week | Two per week |
| | | Warmouth, Largemouth bass | One per week | Two per week |
| | | Bluegill, Redear sunfish | One per week | Two per week |
| | | Black crappie | One per month | Two per week |
| Lake Catherine | Marion | Warmouth | One per month | One per week |
| | | Largemouth bass | DO NOT EAT | One per month |
| | | Largemouth bass | DO NOT EAT | One per month |
| | | Largemouth bass | DO NOT EAT | One per month |
| Lake Charlotte | Highlands | Largemouth bass | DO NOT EAT | One per month |
| Lake Charles | Marion | Bluegill, Redear sunfish | One per month | Two per week |
| Lake Chase | Orange | Bluegill, Redear sunfish | One per week | Two per week |
| | | Black crappie, | One per month | Two per week |
| | | Chain pickerel | One per month | One per week |
| | | Largemouth bass | One per month | One per month |
| Lake Clinch | Polk | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Lake Conine | Polk | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Black crappie | One per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Lake Conway | Orange | Bluegill, Redear sunfish, Brown bullhead catfish, Warmouth | Two per week | Two per week |
| | | Chain pickerel | One per month | Two per week |
| | | Largemouth bass | One per month | One per week |
| Lake Crosby | Bradford | Bluegill , Redear sunfish | One per week | Two per week |
| | | Warmouth | One per month | Two per week |
| | | Largemouth bass | One per month | One per month |
| Lake Cypress | Osceola | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Chain pickerel, | One per month | One per week |
| | | Largemouth bass | | |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|-----------------------|---------------|---|---|---|
| Lake Dalhousie | Lake | Bluegill, Redear sunfish, Warmouth | Two per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Lake Daugharty | Volusia | Bluegill | One per week | Two per week |
| | | Redear sunfish, Warmouth | One per month | One per week |
| | | Black crappie | One per month | One per month |
| | | Largemouth bass | DO NOT EAT | One per month |
| Lake Deaton | Sumter | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Lake Delancy | Marion | Bluegill | One per week | Two per week |
| | | Black crappie | One per month | Two per week |
| | | Largemouth bass | One per month | One per month |
| Lake Delevoe | Broward | Redear sunfish | One per week | One per week |
| | | Bluegill, Largemouth bass | One per month | One per week |
| Lake Dexter | Polk | Brown bullhead catfish, Redear sunfish, White catfish | Two per week | Two per week |
| | | Black crappie, Bluegill | One per week | Two per week |
| | | Warmouth | One per month | Two per week |
| | | Largemouth bass | One per month | One per week |
| | | Yellow bullhead catfish | | |
| Lake Dias | Volusia | Bluegill, Redear sunfish, Black crappie | Two per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Lake Disston | Flagler | Bluegill | One per month | One per week |
| | | Redear sunfish | | |
| | | Black crappie, Warmouth | | |
| | | Largemouth bass | DO NOT EAT | One per month |
| Lake Dora | Lake | Black crappie, Bluegill, | Two per week | Two per week |
| | | Brown bullhead catfish, Redear sunfish, Redbreast sunfish | | |
| | | Warmouth, Largemouth bass | One per week | Two per week |
| | | | | |
| Lake Dorr | Lake | Bluegill | One per week | Two per week |
| | | Redear sunfish | Two per week | Two per week |
| | | Black crappie | One per month | One per week |
| | | Largemouth bass, Chain pickerel | One per month | One per month |
| Lake Down | Orange | Bluegill, Redear sunfish | One per week | Two per week |
| | | Black crappie | One per month | Two per week |
| | | Chain pickerel | One per month | One per week |
| | | Largemouth bass | One per month | One per month |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|-----------------|---------------|---|---|---|
| Lake Eaton | Marion | Redear sunfish | Two per week | Two per week |
| | | Bluegill | One per week | Two per week |
| | | Warmouth | One per month | Two per week |
| | | Black crappie, | One per month | One per week |
| | | Largemouth bass | One per month | One per month |
| Lake Eldorado | Lake | Largemouth bass | DO NOT EAT | One per month |
| Lake Ella | Lake | Bluegill, Redear sunfish | One per week | Two per week |
| | | Chain pickerel, Black crappie | One per month | Two per week |
| | | Warmouth | One per month | Two per week |
| | | Largemouth bass | One per month | One per month |
| Lake Ellen | Wakulla | Bluegill | One per week | Two per week |
| | | Black crappie, Warmouth | One per month | One per week |
| | | Largemouth bass | DO NOT EAT | One per month |
| Lake Eloise | Polk | Bluegill, Redear sunfish, Blue tilapia, Brown bullhead catfish, Warmouth, White catfish | Two per week | Two per week |
| | | Black crappie | One per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Lake Emma | Lake | Bluegill, Redear sunfish | One per month | Two per week |
| | | Chain pickerel | One per month | One per week |
| | | Largemouth bass | One per month | One per month |
| Lake Estelle | Orange | Largemouth bass | One per month | One per week |
| Lake Eustis | Lake | Black crappie, Bluegill, Brown bullhead catfish, Redear sunfish | Two per week | Two per week |
| | | Redbreast sunfish | One per week | Two per week |
| | | Warmouth, Largemouth bass | | |
| Lake Eva | Polk | Bluegill, Black crappie | Two per week | Two per week |
| | | Redear sunfish | One per week | Two per week |
| | | Largemouth bass | | |
| Lake Fairview | Orange | Bluegill | Two per week | Two per week |
| | | Redear sunfish | | |
| | | Black crappie | | |
| | | Largemouth bass | One per week | Two per week |
| Lake Francis | Highlands | Redear sunfish | One per week | Two per week |
| | | Largemouth bass | One per month | One per month |
| Lake Frederica | Orange | Largemouth bass | DO NOT EAT | One per month |
| Lake Garfield | Polk | Bluegill, Redear sunfish | One per week | Two per week |
| | | Largemouth bass | One per month | One per week |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|----------------------|----------------------------------|--|---|---|
| Lake Gentry | Osceola | Redear sunfish | One per week | Two per week |
| | | Black crappie, Bluegill, Warmouth | One per month | One per week |
| | | Chain pickerel, Largemouth bass | DO NOT EAT | One per month |
| | | | | |
| Lake George | Lake, Marion, Putnam, Volusia | Bluegill, Redear sunfish, Spotted sunfish, Brown bullhead catfish, Striped bass, Channel catfish, White catfish | Two per week | Two per week |
| | | Black crappie, Warmouth Redbreast sunfish, | One per week | Two per week |
| | | Spotted sunfish, Largemouth bass | One per month | Two per week |
| | | | | |
| Lake Glenada | Highlands | Largemouth bass | One per month | One per week |
| Lake Glona | Lake | Largemouth bass | DO NOT EAT | One per month |
| Lake Griffin | Lake | Black crappie, Bluegill, Brown bullhead catfish, Redbreast sunfish, Redear sunfish | Two per week | Two per week |
| | | Warmouth, Largemouth bass | One per week | Two per week |
| Lake Haines | Polk | Bluegill, Redear sunfish, Blue tilapia, Brown bullhead catfish, Warmouth, White catfish | Two per week | Two per week |
| | | Black crappie | One per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Lake Hamilton | Polk | Bluegill, Redear sunfish, Blue tilapia, Brown bullhead catfish, Warmouth, White catfish | Two per week | Two per week |
| | | Black crappie | One per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Lake Hampton | Bradford | Redear sunfish | One per week | Two per week |
| | | Bluegill | One per month | One per week |
| | | Chain pickerel, Black crappie | One per month | One per month |
| | | Largemouth bass | DO NOT EAT | One per month |
| Lake Hancock | Polk | Blue tilapia | Two per week | Two per week |
| | | Bluegill | | |
| | | Brown bullhead catfish | | |
| Lake Harney | Seminole, Volusia | Brown bullhead catfish, Channel catfish, White catfish, Redbreast sunfish | Two per week | Two per week |
| | | Bluegill, Redear sunfish | One per week | Two per week |
| | | Black crappie | One per month | Two per week |
| | | Largemouth bass | One per month | One per week |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|--|---------------------|---|---|---|
| Lake Harris | Lake | Black crappie, Bluegill, Redear sunfish, Redbreast sunfish, | Two per week | Two per week |
| | | Brown bullhead catfish | | |
| | | Sunshine bass | One per month | Two per week |
| | | Warmouth, Largemouth bass | One per week | Two per week |
| Lake Hart | Orange | Bluegill, Redear sunfish | One per month | One per week |
| | | Black crappie, Largemouth bass | DO NOT EAT | One per month |
| | | | | |
| Lake Hartridge | Polk | Bluegill, Redear sunfish, Blue tilapia, Brown bullhead catfish, Warmouth, White catfish | Two per week | Two per week |
| | | Black crappie | One per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Lake Hatchineha | Osceola | Redear sunfish | Two per week | Two per week |
| | | Bluegill | One per week | Two per week |
| | | Black crappie | One per month | One per week |
| | | Largemouth bass | One per month | One per week |
| Lake Hellen Blazes | Brevard | Brown bullhead catfish, Channel catfish, White catfish | Two per week | Two per week |
| | | Bluegill, Redear sunfish | One per week | Two per week |
| | | Black crappie | One per month | One per week |
| | | Largemouth bass | One per month | One per week |
| Lake Hicpochee | Glades | Largemouth bass | One per month | One per week |
| Lake Holly | Lake | Bluegill, Redear sunfish | One per week | Two per week |
| | | Black crappie, Chain pickerel, Warmouth | One per month | Two per week |
| | | Largemouth bass | One per month | One per month |
| Lake Howard | Polk | Bluegill, Redear sunfish, Blue tilapia, Brown bullhead catfish, Warmouth, White catfish | Two per week | Two per week |
| | | Black crappie | One per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Lake Huntley | Highlands | Bluegill, Redear sunfish | One per week | Two per week |
| | | Warmouth | One per month | Two per week |
| | | Largemouth bass | One per month | One per month |
| Lake Iamonia | Leon | Bluegill, Redear sunfish, Black crappie | One per week | Two per week |
| | | Brown bullhead catfish | Two per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Lake Ida [see E-4 Canal System] | Broward, Palm Beach | | | |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|---------------------|---------------|---|---|---|
| Lake Idylwild | Polk | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Black Crappie | One per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Lake Istokpoga | Highlands | Bluegill, Redear sunfish, Warmouth | One per week | Two per week |
| | | White catfish | One per month | Two per week |
| | | Black crappie | One per month | Two per week |
| | | Largemouth bass less than 15 inches | One per month | One per week |
| | | Largemouth bass 24 inches or more | DO NOT EAT | One per month |
| | | | | |
| Lake Ivanhoe | Orange | Bluegill, Brown bullhead catfish, Redbreast sunfish, Redear sunfish | Two per week | Two per week |
| | | Largemouth bass | One per week | Two per week |
| Lake Jackson | Highlands | Bluegill | Two per week | Two per week |
| | | Redear sunfish | One per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Lake Jackson | Leon | Bluegill, Redear sunfish, Black crappie | Two per week | Two per week |
| | | Warmouth | One per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Lake Jackson | Walton | Warmouth | One per month | Two per week |
| | | Largemouth bass | DO NOT EAT | One per month |
| Lake Jessie | Polk | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Black Crappie | One per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Lake Jesup | Seminole | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Black crappie, White catfish | | |
| | | Largemouth bass | One per week | Two per week |
| Lake Joanna | Lake | Largemouth bass | One per month | One per month |
| Lake Josephine | Highlands | Bluegill , Redear sunfish | One per week | Two per week |
| | | Black crappie | One per month | One per week |
| | | Chain pickerel | One per month | One per week |
| | | Largemouth bass | One per month | One per month |
| Lake Juliana | Polk | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Black crappie, Largemouth bass | One per week | Two per week |
| Lake June-in-Winter | Highlands | Largemouth bass | DO NOT EAT | One per month |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|-----------------|---------------|---|---|---|
| Lake Kerr | Marion | Bluegill | One per week | Two per week |
| | | Chain pickerel | One per month | One per week |
| | | Black crappie, Redear sunfish | One per month | Two per week |
| | | Largemouth bass less than 15 inches, Warmouth | One per month | One per week |
| | | Largemouth bass 24 inches or more | DO NOT EAT | One per month |
| | | | | |
| Lake Kissimmee | Osceola, Polk | Brown bullhead catfish, Redear sunfish | Two per week | Two per week |
| | | Bluegill | One per week | Two per week |
| | | Black crappie | One per month | Two per week |
| | | Largemouth bass | One per month | One per week |
| | | | | |
| Lake Lancaster | Orange | Largemouth bass | One per month | One per week |
| Lake Lillian | Highlands | Largemouth bass | One per month | One per month |
| Lake Livingston | Polk | Warmouth, Redear sunfish | One per week | Two per week |
| | | Bluegill, Black crappie | One per month | Two per week |
| | | Largemouth bass | One per month | One per week |
| Lake Lochloosa | Alachua | Black crappie, Bluegill, Redear sunfish | Two per week | Two per week |
| | | Largemouth bass less than 15 inches | One per week | Two per week |
| | | Warmouth | One per month | Two per week |
| | | Largemouth bass 24 inches or more | One per month | One per week |
| | | | | |
| Lake Lotela | Highlands | Bluegill | Two per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Lake Louisa | Lake | Brown bullhead catfish, Redear sunfish | One per month | Two per week |
| | | White catfish, | One per month | One per week |
| | | Bluegill, Channel catfish | One per month | One per month |
| | | Largemouth bass | DO NOT EAT | One per month |
| | | Yellow bullhead catfish | | |
| Lake Louise | Orange | Bluegill, Redear sunfish | One per week | Two per week |
| | | Black crappie | One per month | Two per week |
| | | Chain pickerel | One per month | One per week |
| | | Largemouth bass | One per month | One per month |
| Lake Lowery | Polk | Largemouth bass | One per month | One per week |
| Lake Lucien | Orange | Largemouth bass | One per month | One per month |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|---------------------------------------|-----------------|--|---|---|
| Lake Lucy | Lake | Bluegill, Redear sunfish | One per month | Two per week |
| | | Chain pickerel | One per month | One per week |
| | | Largemouth bass | One per month | One per month |
| Lake Lulu | Polk | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Black Crappie | One per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Lake Maitland | Orange | Bluegill, Redbreast sunfish, Redear sunfish, Warmouth | Two per week | Two per week |
| | | Largemouth bass | One per week | Two per week |
| | | Black crappie | One per month | One per week |
| Lake Manatee | Manatee | Bluegill, Channel catfish, Redear sunfish | Two per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Lake Mann | Orange | Black crappie, Bluegill | Two per week | Two per week |
| | | Largemouth bass | One per week | Two per week |
| Lake Margaret | Putnam | Bluegill, Redear sunfish | One per month | One per week |
| | | Largemouth bass | DO NOT EAT | DO NOT EAT |
| Lake Marian | Osceola | Bluegill, White catfish | Two per week | Two per week |
| | | Brown bullhead catfish | | |
| | | Redear sunfish | One per week | Two per week |
| | | Black crappie | One per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Lake Marion | Polk | Bluegill | Two per week | Two per week |
| | | Black crappie, Warmouth | One per month | Two per week |
| | | Largemouth bass | One per month | One per week |
| Lake Mary | Marion | Bluegill | One per month | One per week |
| | | Warmouth | One per month | One per month |
| Lake Mary Jane | Orange | Bluegill, Redear sunfish | One per month | One per week |
| | | Black crappie, Largemouth bass | DO NOT EAT | One per month |
| Lake Mattie | Polk | Black crappie | Two per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Lake McLeod | Polk | Blue tilapia, Brown bullhead catfish | Two per week | Two per week |
| | | Bluegill, Redear sunfish | One per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Lake Medard (Edward Medard Reservoir) | Hillsborough | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Largemouth bass | One per week | Two per week |
| Lake Miccosukee | Jefferson, Leon | Bluegill, | Two per week | Two per week |
| | | Largemouth bass | One per month | Two per week |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|---|-------------------|--|---|---|
| Lake Minnehaha | Lake | Bluegill | One per month | One per week |
| | | Channel catfish, Redear sunfish | One per week | Two per week |
| | | Yellow bullhead catfish | One per month | One per month |
| | | Largemouth bass | One per month | One per month |
| Lake Minnehaha | Orange | Bluegill, Redbreast sunfish, Redear sunfish, Warmouth | Two per week | Two per week |
| | | Largemouth bass, Black crappie | One per week | Two per week |
| | | | | |
| Lake Minneola | Lake | Bluegill, Redear sunfish, Channel catfish | One per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Lake Miona | Sumter | Redear sunfish | One per week | Two per week |
| | | Bluegill | One per month | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Lake Mirror | Polk | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Black Crappie | One per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Lake Mizell | Orange | Bluegill, Redbreast sunfish, Redear sunfish, Warmouth | Two per week | Two per week |
| | | Largemouth bass | One per week | Two per week |
| | | Black crappie | One per month | One per week |
| Lake Monroe | Seminole, Volusia | Bluegill, Brown bullhead catfish, Striped bass, White catfish, Channel catfish | Two per week | Two per week |
| | | Redear sunfish, Black crappie, | One per week | Two per week |
| | | Redbreast sunfish | | |
| | | Spotted sunfish | One per month | Two per week |
| | | Warmouth | One per month | One per week |
| | | Largemouth bass | One per month | One per week |
| Lake Munson (See Table 3 for PCBs advisory) | Leon | Brown bullhead catfish, Bluegill, Redear sunfish | Two per week | Two per week |
| | | Largemouth bass | One per week | Two per week |
| | | Black crappie | One per month | One per week |
| Lake Myrtle | Polk | Largemouth bass | One per month | One per month |
| Lake Norris | Lake | Redear sunfish | One per month | Two per week |
| | | Bluegill | One per month | Two per week |
| | | Warmouth | One per month | One per week |
| | | Largemouth bass | One per month | One per month |
| Lake Octahatchee | Hamilton | Bluegill | One per month | One per week |
| | | Largemouth bass | DO NOT EAT | DO NOT EAT |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|-------------------------------------|--|--|---|---|
| Lake Okahumpka | Sumter | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Black crappie | One per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Lake Okeechobee and Rim Canals | Glades, Hendry, Martin, Okeechobee, Palm Beach | Brown bullhead catfish, Channel catfish, Redear sunfish, Mayan cichlid | Two per week | Two per week |
| | | Black crappie, Bluegill, White catfish | One per week | Two per week |
| | | Largemouth bass less than 13 inches | One per month | One per week |
| | | Largemouth bass 18 inches or more | One per month | One per month |
| Lake Olivia | Highlands | Largemouth bass | DO NOT EAT | One per month |
| Lake Osborne [see E-4 Canal System] | Broward, Palm Beach | | | |
| Lake Osceola | Orange | Bluegill, Redbreast sunfish, Redear sunfish, Warmouth | Two per week | Two per week |
| | | Largemouth bass, | One per week | Two per week |
| | | Black crappie | One per month | One per week |
| | | | | |
| Lake Palmer | Orange | Bluegill, Redear sunfish | One per week | Two per week |
| | | Black crappie, | One per month | Two per week |
| | | Chain pickerel | One per month | One per week |
| | | Largemouth bass | One per month | One per month |
| Lake Panasoffkee | Sumter | Redear sunfish, | Two per week | Two per week |
| | | Bluegill, Brown bullhead catfish | | |
| | | Black crappie | One per month | Two per week |
| | | Largemouth bass | One per month | One per week |
| Lake Parker | Polk | Black crappie | Two per week | Two per week |
| | | Bluegill | | |
| | | Brown bullhead catfish | | |
| | | Redear sunfish | | |
| | | Largemouth bass | | |
| Lake Pasadena | Pasco | Redear sunfish | Two per week | Two per week |
| | | Bluegill, | One per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Lake Pierce | Polk | Bluegill, Redear sunfish, Black crappie | Two per week | Two per week |
| | | Warmouth | One per week | Two per week |
| | | Chain pickerel | One per month | Two per week |
| | | Largemouth bass | One per month | One per week |
| Lake Placid | Highlands | Bluegill, Redear sunfish | One per week | Two per week |
| | | Black crappie | One per month | One per week |
| | | Largemouth bass | DO NOT EAT | One per month |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|---|--------------------------|---|---|---|
| Lake Poinsett | Brevard, Orange, Osceola | Brown bullhead catfish, Channel catfish, White catfish, Redbreast sunfish | Two per week | Two per week |
| | | Bluegill, Redear sunfish | One per week | Two per week |
| | | Black crappie | One per month | Two per week |
| | | Largemouth bass | One per month | One per week |
| Lake Ponte Vedra | St. Johns | Red drum | Two per week | Two per week |
| Lake Renfro (St. Marks Wildlife Refuge) | Wakulla | Largemouth bass | One per month | One per month |
| Lake Rochelle | Polk | Bluegill, Redear sunfish, | Two per week | Two per week |
| | | Black crappie | One per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Lake Rousseau | Citrus | Bluegill, Redear sunfish, Brown bullhead catfish, Warmouth | Two per week | Two per week |
| | | Black crappie | One per week | Two per week |
| | | Chain pickerel, | | |
| | | Largemouth bass | One per month | One per week |
| Lake Rowell | Bradford | Redear sunfish, Bluegill | Two per week | Two per week |
| | | Warmouth, Chain pickerel, | One per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Lake Roy | Polk | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Black crappie | One per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Lake Russell | Osceola | Bluegill, Redear sunfish | One per month | One per week |
| | | Largemouth bass, | One per month | One per month |
| | | Black crappie | DO NOT EAT | One per month |
| Lake Sampson | Bradford | Redear sunfish | Two per week | Two per week |
| | | Bluegill, Warmouth | One per week | Two per week |
| | | Chain pickerel, Largemouth bass | One per month | One per week |
| | | Black crappie | One per month | One per month |
| Lake Santa Fe | Alachua | Redear sunfish, Bluegill | Two per week | Two per week |
| | | Largemouth bass | One per month | One per month |
| Lake Sawgrass | Brevard | Brown bullhead catfish, Channel catfish, White catfish | Two per week | Two per week |
| | | Bluegill, Redear sunfish | One per week | Two per week |
| | | Black crappie, Largemouth bass | One per month | One per week |
| Lake Sebring | Highlands | Bluegill, Redear sunfish | One per week | Two per week |
| | | Black crappie | One per month | One per week |
| | | Largemouth bass | One per month | One per month |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|--|---------------|--|---|---|
| Lake Seminole (Jim Woodruff Reservoir) | Jackson | Bluegill, Redear sunfish, Black crappie, Brown bullhead catfish | Two per week | Two per week |
| | | Black crappie, Largemouth bass | One per month | Two per week |
| Lake Seminole | Pinellas | Bluegill, Channel catfish, Redear sunfish | Two per week | Two per week |
| | | Largemouth bass | | |
| Lake Shangri-La | Hillsborough | Largemouth bass | One per month | One per week |
| Lake Sheen | Orange | Bluegill, Redear sunfish | One per week | Two per week |
| | | Black crappie | One per month | Two per week |
| | | Chain pickerel | One per month | One per week |
| | | Largemouth bass | One per month | One per month |
| Lake Shipp | Polk | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Black crappie | One per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Lake Smart | Polk | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Black crappie, Largemouth bass | One per week | Two per week |
| Lake Stone FMA | Escambia | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Lake Sue | Orange | Bluegill, Redbreast sunfish, Redear sunfish, Warmouth | Two per week | Two per week |
| | | Largemouth bass, | One per week | Two per week |
| | | Black crappie | One per month | One per week |
| | | | | |
| Lake Summit | Polk | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Black crappie | One per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Lake Sylvan | Seminole | Largemouth bass | DO NOT EAT | One per month |
| Lake Talquin | Gadsden, Leon | Bluegill, Black crappie, Brown bullhead catfish, Redbreast sunfish, Redear sunfish, Spotted bullhead catfish | Two per week | Two per week |
| | | Largemouth bass | One per month | One per month |
| Lake Tarpon | Pinellas | Bluegill, Redear sunfish, Black crappie | One per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Lake Thonotosassa | Hillsborough | Black crappie, Bluegill, | Two per week | Two per week |
| | | Channel catfish, Redear sunfish, Brown bullhead catfish | | |
| | | Largemouth bass | One per week | Two per week |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|----------------------------------|-----------------|--|---|---|
| Lake Tibet | Orange | Bluegill, Redear sunfish | One per week | Two per week |
| | | Black crappie | One per month | Two per week |
| | | Chain pickerel | One per month | One per week |
| | | Largemouth bass | One per month | One per month |
| Lake Tohopekaliga | Orange, Osceola | Brown bullhead catfish | Two per week | Two per week |
| | | Bluegill, Redear sunfish | | |
| | | Chain pickerel | One per month | One per week |
| | | Black crappie, Largemouth bass | One per month | One per week |
| Lake Tom John | Leon | Largemouth bass | One per month | One per week |
| Lake Tracy | Polk | Bluegill, Redear sunfish, Brown bullhead catfish | Two per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Lake Trafford | Collier | Bluegill, Redear sunfish, Mayan cichlid | One per week | Two per week |
| | | Black crappie, Warmouth | One per week | Two per week |
| | | Largemouth bass less than 14 inches | One per month | Two per week |
| | | Largemouth bass 14 inches or more | One per month | One per week |
| Lake Tsala Apopka | Citrus | Bluegill | Two per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Lake Victor | Holmes | Bluegill, Redear sunfish, Brown bullhead catfish | Two per week | Two per week |
| | | Largemouth bass | One per week | Two per week |
| Lake Virginia | Orange | Bluegill, Redbreast sunfish, Redear sunfish, Warmouth | Two per week | Two per week |
| | | Largemouth bass | One per week | Two per week |
| | | Black crappie | One per month | One per week |
| Lake Wales | Polk | Largemouth bass | One per week | Two per week |
| Lake Walk-in-Water (Weohyakapka) | Polk | Redear sunfish | Two per week | Two per week |
| | | Bluegill | One per week | Two per week |
| | | Black crappie | One per month | One per week |
| | | Largemouth bass less than 15 inches | | |
| | | Largemouth bass 24 inches or more | DO NOT EAT | DO NOT EAT |
| Lake Washington | Brevard | Brown bullhead catfish, Channel catfish, White catfish | Two per week | Two per week |
| | | Bluegill, Redear sunfish | One per week | Two per week |
| | | Largemouth bass, | One per month | One per week |
| | | Black crappie | | |
| Lake Wauberg | Alachua | Bluegill, Redear sunfish, Brown bullhead catfish | Two per week | Two per week |
| | | Largemouth bass | Two per week | Two per week |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|--|------------------|--|---|---|
| Lake Weir | Marion | Bluegill, Redear sunfish | One per week | Two per week |
| | | Warmouth | One per month | Two per week |
| | | Black crappie, Chain pickerel, Largemouth bass | One per month | One per week |
| Lake Wilson | Hillsborough | Largemouth bass | DO NOT EAT | One per month |
| Lake Winder | Brevard, Osceola | Channel catfish, White catfish | Two per week | Two per week |
| | | Bluegill, Redear sunfish | One per week | Two per week |
| | | Largemouth bass, | One per month | One per week |
| | | Black crappie | | |
| Lake Winterset | Polk | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Black crappie | One per week | Two per week |
| | | Largemouth bass | | |
| Lakes Woodruff System (including Lakes Dexter, Woodruff, and Spring Garden Lake) | Lake, Volusia | Brown bullhead catfish, Channel catfish, White catfish | Two per week | Two per week |
| | | Black crappie, Bluegill | One per week | Two per week |
| | | Warmouth | | |
| | | Largemouth bass | One per month | One per week |
| Lake Yale | Lake | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Black crappie | Two per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Little Econlockhatchee River | Orange, Seminole | Redbreast sunfish, Redear sunfish, Bluegill | One per week | Two per week |
| | | Spotted sunfish, Largemouth bass | One per month | One per week |
| Little Fish Lake | Orange | Bluegill, Redear sunfish | One per week | Two per week |
| | | Black crappie | One per month | Two per week |
| | | Chain pickerel | One per month | One per week |
| | | Largemouth bass | One per month | One per month |
| Little Manatee River | Hillsborough | Bluegill | One per week | Two per week |
| | | Redear sunfish, Spotted sunfish | | |
| | | Largemouth bass | One per month | Two per week |
| Little Orange Lake | Alachua | Redear sunfish | One per week | Two per week |
| | | Bluegill | Two per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Little River | Gadsden | Spotted sunfish | One per month | Two per week |
| Little Shark River | Monroe | Gray snapper | Two per week | Two per week |
| Loughman Lake | Brevard | Bluegill | One per week | Two per week |
| | | Black crappie | One per month | One per week |
| | | Largemouth bass | One per month | One per week |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|---|---------------------------------|---|---|---|
| Lowry Lake | Clay | Bluegill | One per week | Two per week |
| | | Largemouth bass | One per month | One per month |
| Loxahatchee National Wildlife Refuge (Including the L-7 and L-40 Canals) | Palm Beach | Bluegill, Redear sunfish | One per week | Two per week |
| | | Mayan cichlid, Largemouth bass less than 14 inches | One per month | Two per week |
| | | Largemouth bass 14 inches or more, Warmouth | One per month | One per week |
| | | | | |
| Loxahatchee Slough Canal (C-18) | Palm Beach | Bluegill | One per week | Two per week |
| | | Redear sunfish | One per month | Two per week |
| | | Largemouth bass | DO NOT EAT | One per month |
| Magnolia Lake | Clay | Bluegill | One per week | Two per week |
| | | Largemouth bass | DO NOT EAT | One per month |
| Martin Lake | Bay | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Medard Reservoir | Hillsborough | Bluegill, Channel catfish, Redear sunfish | Two per week | Two per week |
| | | | | |
| Meritt's Mill Pond | Jackson | Bluegill, Largemouth bass, Redear sunfish | Two per week | Two per week |
| | | | | |
| Miami Canal (East of WCA 3) | Dade | Bluegill, Butterfly peacock, Mayan cichlid | Two per week | Two per week |
| | | Largemouth bass | One per week | Two per week |
| Middle Lake | Pasco | Bluegill | One per week | One per week |
| | | Largemouth bass | One per month | One per week |
| Milldam Lake | Marion | Bluegill, Redear sunfish, Warmouth | One per week | Two per week |
| | | Black crappie Largemouth bass | One per month | One per week |
| | | | | |
| Montgomery Lake | Columbia | Bluegill, Redear sunfish, Warmouth | Two per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Moore Lake | Leon | Largemouth bass | One per month | One per month |
| Mosaic FMA-all lakes on property | Polk | Bluegill, Channel catfish, Redear sunfish, Largemouth bass | Two per week | Two per week |
| | | Black crappie | One per month | One per week |
| Myakka River | Charlotte, Manatee, Sarasota | Redear sunfish, Blue tilapia | Two per week | Two per week |
| | | Bluegill, Warmouth, White catfish | One per week | Two per week |
| | | Largemouth bass, Spotted sunfish | One per month | Two per week |
| | | | One per month | One per week |
| Mystic Lake | Liberty | Largemouth bass | One per month | One per month |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|--|---|--|---|---|
| Nassau River | Nassau | Bluegill, Redear sunfish, White catfish | One per month | Two per week |
| | | Redbreast sunfish | One per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| New River | Franklin, Liberty | Bluegill, Spotted sunfish, Warmouth | One per month | One per week |
| | | Largemouth bass | DO NOT EAT | One per month |
| New River, North Fork | Broward | Black mullet, Blue tilapia, | Two per week | Two per week |
| | | Common snook, Spotted tilapia | | |
| | | Big mouth sleeper, Mayan cichlid | One per week | Two per week |
| Newnans Lake | Alachua | Black crappie, Bluegill, | One per week | Two per week |
| | | Brown bullhead catfish | | |
| | | Largemouth bass | One per month | One per month |
| Nine Mile Pond (Everglades National Park) | Miami-Dade | Mayan cichlid | One per month | One per week |
| | | Largemouth bass less than 14 inches | One per month | One per month |
| | | | | |
| North New River Canal (G-15) | Broward | Bluegill, Bullseye snakehead, Mayan cichlid, Redear sunfish, Spotted tilapia | Two per week | Two per week |
| | | Largemouth bass less than 14 inches | Two per week | Two per week |
| Ocean Canal | Palm Beach | Largemouth bass | Two per week | Two per week |
| Ocean Pond | Baker | Bluegill | One per month | Two per week |
| | | Redear sunfish | One per month | Two per week |
| | | Chain pickerel | One per month | One per week |
| | | Largemouth bass, Black crappie | DO NOT EAT | One per month |
| Oceanway Pond FMA | Duval | Bluegill | Two per week | Two per week |
| Ocheesee Pond | Jackson | Bluegill | One per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Ochlockonee River and tributaries (see separate advisory for Lake Talquin) | Franklin, Gadsden, Leon, Liberty, Wakulla | Bluegill, Redbreast sunfish | One per month | One per week |
| | | Channel catfish, Spotted sunfish, Striped bass, Warmouth | | |
| | | Flathead catfish, Redear sunfish | One per month | One per month |
| | | Largemouth bass | DO NOT EAT | One per month |
| Ochlockonee River north of US 90 bridge | Gadsden, Leon | Bluegill, Redbreast sunfish, Redear sunfish, Spotted sunfish, Warmouth | One per month | One per week |
| | | Black crappie | One per month | One per month |
| | | Flathead catfish, Largemouth bass | DO NOT EAT | One per month |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|---|----------------------|--|---|---|
| Ocklawaha (Harris) Lake Chain (including Lakes Apopka, Beauclair, Carlton, Dora, Eustis, Griffin, and Harris and connected waters of Emerald Marsh Conservation Areas 2, 3, and 4) | Lake, Orange | Black crappie, Bluegill, Brown bullhead catfish, Redbreast sunfish, Redear sunfish | Two per week | Two per week |
| | | Sunshine bass | One per month | Two per week |
| | | Warmouth, Largemouth bass | One per week | Two per week |
| Ocklawaha River and tributaries (including Rodman Reservoir) | Lake, Marion, Putnam | Blue tilapia, Brown bullhead catfish, Channel catfish, White catfish | Two per week | Two per week |
| | | Bluegill, Redear sunfish, Redbreast sunfish | One per week | Two per week |
| | | Warmouth | One per month | Two per week |
| | | Chain pickerel, Spotted sunfish | One per month | One per week |
| | | Largemouth bass | DO NOT EAT | One per month |
| Okecheelee FMA | Palm Beach | Bluegill, Redear sunfish | Two per week | Two per week |
| Old Everglades Pump Road Canal | Palm Beach | Bullseye snakehead | Two per week | Two per week |
| Orange Lake | Alachua | Bluegill, Brown bullhead catfish, Redear sunfish, Black crappie | Two per week | Two per week |
| | | Largemouth bass less than 15 inches | One per week | Two per week |
| | | Warmouth | One per month | Two per week |
| | | Largemouth bass 24 inches or more | One per month | One per week |
| Otter Creek | Levy | Redbreast sunfish | One per week | Two per week |
| | | White catfish | One per month | One per week |
| | | Spotted sunfish | One per month | Two per week |
| Otter Creek (see Table 3 for arsenic advisory) | Bay | Largemouth bass | DO NOT EAT | DO NOT EAT |
| Otter Lake | Wakulla | Bluegill, Warmouth | One per month | One per week |
| | | Largemouth bass | One per month | One per month |
| Palestine Lake | Union | Bluegill | One per month | Two per week |
| | | Redear sunfish | One per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Palm Beach (E1WN) Canal | Palm Beach | Bullseye snakehead | One per week | Two per week |
| Palm Lake FMA | St. Lucie | Bluegill, Redear sunfish, Black crappie | Two per week | Two per week |
| | | Channel catfish | One per month | Two per week |
| | | Largemouth bass | One per month | One per week |
| Pate Lake | Washington | Bluegill | DO NOT EAT | One per month |
| | | Largemouth Bass | DO NOT EAT | DO NOT EAT |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|--|---------------------------------|--|---|---|
| Peace River and tributaries | Charlotte, Desoto, Hardee, Polk | Channel catfish, Brown bullhead catfish, Spotted sunfish | One per week | Two per week |
| | | Bluegill, Redear sunfish, Warmouth, Yellow bullhead catfish, White catfish | One per month | Two per week |
| | | Largemouth bass | One per month | One per week |
| Pellicer Creek | St. Johns | Bluegill, Warmouth | One per month | Two per week |
| | | Largemouth bass | One per month | One per week |
| Perdido River and tributaries | Escambia | Bluegill, Redear sunfish, | One per month | Two per week |
| | | Spotted sunfish, | | |
| | | Largemouth bass | One per month | One per month |
| Pine Meadows Conservation Area (see Table 3 for arsenic and pesticides advisories) | Lake | | | |
| Piney Z Lake | Leon | Redear sunfish, Warmouth | Two per week | Two per week |
| | | Bluegill, Brown bullhead catfish | One per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Plantation Heritage Pond | Broward | Bluegill, Mayan cichlid | Two per week | Two per week |
| Pocket Lake | Orange | Bluegill, Redear sunfish | One per week | Two per week |
| | | Black crappie | One per month | Two per week |
| | | Chain pickerel | One per month | One per week |
| | | Largemouth bass | One per month | One per month |
| Pope Duval Pond (FMA) | Duval | Bluegill | One per week | Two per week |
| Porter Lake | Washington | Bluegill | One per week | Two per week |
| | | Warmouth | DO NOT EAT | One per month |
| | | Largemouth bass | DO NOT EAT | DO NOT EAT |
| Puzzle Lake | Seminole, Volusia | Brown bullhead catfish, Channel catfish, White catfish | Two per week | Two per week |
| | | Bluegill, Redear sunfish | One per week | Two per week |
| | | Black crappie, Largemouth bass | One per month | One per week |
| Red Beach Lake | Highlands | Bluegill, Redear sunfish | One per week | Two per week |
| | | Largemouth bass | One per month | One per month |
| Red Bug Slough | Sarasota | Blue tilapia, Bluegill, | Two per week | Two per week |
| | | Redear sunfish, | | |
| | | Largemouth bass | | |
| Reedy Lake | Polk | Black crappie, Bluegill, | Two per week | Two per week |
| | | Redear sunfish, Largemouth bass | | |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|---|--|---|---|---|
| Rodman Reservoir | Putnam | Brown bullhead catfish, Bluegill, Redear sunfish | Two per week | Two per week |
| | | Redbreast sunfish | One per week | Two per week |
| | | Spotted sunfish | One per month | Two per week |
| | | Largemouth bass | One per month | One per week |
| Sand Hammock Pond | Holmes | Largemouth bass | One per month | One per week |
| Santa Fe River (Lower-downstream of "rise") | Alachua, Columbia, Gilchrist, Suwannee | Bluegill, Channel catfish | One per week | Two per week |
| | | Redear sunfish, Redbreast sunfish | | |
| | | Spotted sunfish, Spotted bullhead catfish | One per month | Two per week |
| | | Brown bullhead catfish | One per month | One per week |
| | | Largemouth bass | One per month | One per week |
| Santa Fe River (Upper-upstream of "sink") | Alachua, Bradford, Columbia, Union | Bluegill | One per week | Two per week |
| | | Spotted sunfish | One per month | Two per week |
| | | Black crappie, Channel catfish, Redbreast sunfish, Redear sunfish, Warmouth | One per month | One per week |
| | | Largemouth bass | One per month | One per month |
| | | | | |
| Sebastian River | Indian River | Bluegill, Blue tilapia, Gray snapper | Two per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Shell Creek | Charlotte | Bluegill, Redear sunfish | One per week | Two per week |
| Shoal River | Okaloosa, Santa Rosa | Longear sunfish | One per week | Two per week |
| | | Bluegill, Spotted sunfish | One per month | Two per week |
| | | Chain pickerel, Redear sunfish, Warmouth | One per month | One per week |
| | | Largemouth bass | One per month | One per month |
| Six Mile Creek | Hillsborough | Spotted sunfish | One per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Smith Lake | Marion | Largemouth bass | DO NOT EAT | One per month |
| Snake Creek Canal (C-9) | Palm Beach | Bluegill, Mayan cichlid, Redear sunfish | Two per week | Two per week |
| | | Largemouth bass less than 14 inches, Swamp eel | One per week | Two per week |
| | | | | |
| Sopchoppy River | Wakulla | Largemouth bass | DO NOT EAT | One per month |
| South New River Canal | Broward | Bluegill, Butterfly peacock, Mayan cichlid, Redear sunfish | Two per week | Two per week |
| | | Largemouth bass less than 14 inches | Two per week | Two per week |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|---|---|---|---|---|
| Spring Lake | Seminole | Brown bullhead catfish, Redear sunfish, White catfish | Two per week | Two per week |
| | | Black crappie, Bluegill | One per week | Two per week |
| | | Warmouth | One per month | Two per week |
| | | Largemouth bass, | One per month | One per week |
| | | Yellow bullhead catfish | | |
| St. Augustine FMA | Duval | Largemouth bass | One per week | Two per week |
| St. Augustine Road Pond | Duval | Bluegill | Two per week | Two per week |
| St. Johns River North of SR 415 including Lakes George and Monroe (Lower River) | Clay, Flagler, Lake, Marion, Putnam, Seminole, St. Johns, Volusia | Bluegill, Redear sunfish, Spotted sunfish, Brown bullhead catfish, Striped bass, Channel catfish, White catfish | Two per week | Two per week |
| | | Black crappie, Warmouth | One per week | Two per week |
| | | Redbreast sunfish, | | |
| | | Spotted sunfish, Largemouth bass | One per month | Two per week |
| St. Johns River South of SR 415, including Lakes Harney, Puzzle, Poinsett, Winder, Washington, Sawgrass & Hellen Blazes (Upper River) | Brevard, Orange, Osceola, Seminole, Volusia | Brown bullhead catfish, Channel catfish, White catfish | Two per week | Two per week |
| | | Bluegill, Redear sunfish | One per week | Two per week |
| | | Black crappie, Largemouth bass | One per month | One per week |
| St. Marks River (St Marks Wildlife Refuge) | Leon, Wakulla | Bluegill, Redbreast sunfish, Spotted sunfish, Striped mullet | Two per week | Two per week |
| | | Redear sunfish | One per week | Two per week |
| | | Black crappie, Warmouth | One per month | Two per week |
| | | Largemouth bass | One per month | One per week |
| St. Mary's River and tributaries | Baker, Nassau | Bluegill, Redear sunfish, Redbreast sunfish, Spotted sunfish | One per month | One per week |
| | | White catfish | One per month | One per month |
| | | Largemouth bass | DO NOT EAT | One per month |
| Starke Lake | Orange | Bluegill | Two per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Steinhatchee River | Dixie, Lafayette, Taylor | Spotted sunfish | One per month | One per week |
| | | Redbreast sunfish | | |
| | | Redear sunfish | | |
| | | Largemouth bass | DO NOT EAT | One per month |
| Suwannee Lake | Suwannee | Bluegill | Two per week | Two per week |
| | | Largemouth bass | One per month | One per week |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|--|---|--|---|---|
| Suwannee River System (Including Alapaha, Suwannee, and Withlacoochee Rivers) (see separate advisory for Santa Fe River) | Alachua, Bradford, Columbia, Dixie, Gilchrist, Hamilton, Lafayette, Levy, Madison, Suwanne, Union | Spotted bullhead catfish, White catfish | One per week | Two per week |
| | | Redbreast sunfish, Redear sunfish, Spotted sunfish | One per month | Two per week |
| | | Bluegill, Brown bullhead catfish, Channel catfish, Largemouth bass | One per month | One per week |
| | | Black crappie | One per month | One per month |
| | | Largemouth bass | DO NOT EAT | One per month |
| Sweet Water Creek | Calhoun, Liberty | Largemouth bass | DO NOT EAT | One per month |
| Swift Creek Pond | Union | Bluegill, Black crappie, Warmouth, Flier | One per month | One per week |
| | | Largemouth bass | DO NOT EAT | One per month |
| Tamiami Canal- within WCA 3 | Miami-Dade | Mayan cichlid | One per week | Two per week |
| | | Butterfly peacock | One per month | Two per week |
| | | Bluegill, Oscar, Redear sunfish, Spotted sunfish | One per month | One per week |
| | | Largemouth bass less than 14 inches, Warmouth, Yellow bullhead catfish | One per month | One per month |
| | | Largemouth bass 14 inches or more | DO NOT EAT | One per month |
| | | | | |
| Tamiami Canal-West (Big Cypress to Naples) | Collier | Largemouth bass | One per month | One per week |
| | | Mayan cichlid | One per month | One per month |
| Tampa-Bypass Canal | Hillsborough | Bluegill, Redbreast sunfish | Two per week | Two per week |
| | | Redear sunfish, Spotted sunfish | One per week | Two per week |
| | | Largemouth bass | One per month | One per month |
| Taylor Creek | Okeechobee | Largemouth bass | One per month | One per week |
| Telogia Creek | Liberty | Spotted sunfish, Redbreast sunfish | One per month | One per week |
| | | Largemouth bass | DO NOT EAT | One per month |
| Tenoroc FMA including: Lake 2, Lake 5, Lake A, Lake B, Derby Lake, Hydrilla Lake, Legs Lake, Picnic Lake, and Shop Lake | Polk | Bluegill, Blue talapia, Redear sunfish, Brown bullhead catfish, Channel catfish, Largemouth bass | Two per week | Two per week |
| | | Black crappie | One per week | Two per week |
| Tiger Lake | Polk | Bluegill, Redear sunfish | One per week | Two per week |
| | | Black crappie, Largemouth bass | One per month | One per week |
| Tiger Tail Lake | Broward | Bullseye snakehead | One per week | Two per week |
| Tomoka River | Volusia | Bluegill, Gray snapper, Redbreast sunfish, Redear sunfish, Spotted sunfish | One per week | Two per week |
| | | Warmouth | One per month | Two per week |
| | | Largemouth bass | One per month | One per week |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|--|---------------------|--|---|---|
| Tropical Park FMA | Miami-Dade | Bluegill, Spotted tilapia | Two per week | Two per week |
| | | Redear sunfish | One per week | Two per week |
| Trout Lake | Lake | Largemouth bass | One per month | One per week |
| Tsala Apopka Chain of Lakes | Citrus | Bluegill | One per month | Two per week |
| | | Redear sunfish | One per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Turkey Lake | Orange | Black crappie | One per week | Two per week |
| Turner River Canal | Collier | Largemouth bass | DO NOT EAT | One per month |
| Waccasassa River and tributaries (including Otter Creek and Wekiva River) | Levy | Redbreast sunfish | One per week | Two per week |
| | | Spotted sunfish | One per month | Two per week |
| | | White catfish | One per month | One per week |
| | | Largemouth bass | One per month | One per month |
| Wacissa River | Jefferson | Spotted sunfish, Warmouth, Largemouth bass | One per week | Two per week |
| Wakulla River | Wakulla | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Redbreast sunfish, Spotted sunfish | One per week | Two per week |
| | | Black crappie, Warmouth | One per month | Two per week |
| | | Largemouth bass | One per month | One per week |
| Walsingham Lake | Pinellas | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Watertown Lake | Columbia | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| WCA2A (Including the L-35B and L-38E Canals) | Broward, Palm Beach | Mayan cichlid | One per week | Two per week |
| | | Bluegill, Redear sunfish, | One per month | Two per week |
| | | Butterfly peacock | One per month | One per week |
| | | Spotted sunfish, | | |
| | | Largemouth bass less than 14 inches | | |
| Largemouth bass 14 inches or more | DO NOT EAT | One per month | | |
| WCA2B | Broward | Bluegill, Largemouth bass less than 14 inches, | One per week | Two per week |
| | | Spotted sunfish, Warmouth | One per month | One per week |
| | | Redear sunfish | One per week | Two per week |
| | | Butterfly peacock | One per month | Two per week |
| | | Mayan cichlid, | One per month | One per week |
| | | Yellow bullhead catfish | | |
| | | Largemouth bass 14 inches or more | DO NOT EAT | DO NOT EAT |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|---|---------------------|--|---|---|
| WCA3A (Including Alligator Alley Canals, Tamiami Canal, L-38W Canal, and L-67 Canal) | Broward, Miami-Dade | Mayan cichlid | One per week | Two per week |
| | | Butterfly peacock, Redear sunfish | One per month | Two per week |
| | | Bluegill, Oscar, Spotted sunfish | One per month | One per week |
| | | Largemouth bass less than 14 inches, Warmouth, Yellow bullhead catfish | One per month | One per month |
| | | Largemouth bass 14 inches or more | DO NOT EAT | One per month |
| | | | | |
| | | | | |
| WCA3B (including L-67C and Miami Canals) | Broward, Miami-Dade | Bluegill | One per month | Two per week |
| | | Mayan cichlid | One per month | One per week |
| Webb Lake | Charlotte | Redear sunfish, Nile tilapia | Two per week | Two per week |
| | | Bluegill | One per month | Two per week |
| | | Largemouth bass | One per month | One per week |
| Weeki Wachee River | Hernando | Bluegill | Two per week | Two per week |
| | | Spotted sunfish, Redear sunfish | One per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Wekiva River (Seminole County) | Seminole | Bluegill, Redbreast sunfish, Redear sunfish | Two per week | Two per week |
| | | Spotted sunfish, Yellow bullhead catfish | One per week | Two per week |
| | | Largemouth bass | One per month | One per week |
| Wekiva River (St. Johns River tributary) | Lake, Orange | Bluegill, Redear sunfish, Warmouth | One per week | Two per week |
| | | Redbreast sunfish, Spotted sunfish | One per month | Two per week |
| | | Largemouth bass | One per month | One per week |
| | | | | |
| Wekiva River (Waccasassa River tributary) | Levy | Redbreast sunfish | One per week | Two per week |
| | | White catfish | One per month | One per week |
| | | Spotted sunfish | One per month | Two per week |
| West Palm Beach Canal (C-51 Canal) | Palm Beach | Bluegill, Mayan cichlid, Redear sunfish, Largemouth bass less than 14 inches | Two per week | Two per week |
| | | | | |
| | | | | |
| | | | | |
| Wildcat Lake | Lake | Bluegill | One per month | One per week |
| | | Warmouth | DO NOT EAT | One per month |

Table 1. **Eating Guidelines for Freshwater Fish from Florida Waters**

| LOCATION | COUNTY | SPECIES | Women of childbearing age, young children NUMBER OF MEALS* | All other individuals NUMBER OF MEALS* |
|---|---|--|---|---|
| Winter Haven Lake Chain (Including Lakes Cannon, Conine, Eloise, Hartridge, Howard, Idylwild, Jessie, Lulu, Mirror, Rochelle, Roy, Shipp, | Polk | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Black crappie | One per week | Two per week |
| | | Largemouth bass | One per month | Two per week |
| Winter Park Lake Chain (Including Lakes Berry, Maitland, Minnehaha, Mizell, Osceola, Sue, and Virginia) | Orange | Bluegill, Redbreast sunfish, | Two per week | Two per week |
| | | Redear sunfish, Warmouth | | |
| | | Largemouth bass | One per week | Two per week |
| | | Black crappie | One per month | One per week |
| Withlacoochee River North (Suwannee tributary) | Hamilton, Madison | Spotted bullhead catfish, | One per week | Two per week |
| | | White catfish | | |
| | | Redbreast sunfish, Redear sunfish, Spotted sunfish | One per month | Two per week |
| | | Bluegill, Brown bullhead catfish, | One per month | One per week |
| | | Channel catfish, Largemouth bass | | |
| Withlacoochee River South | Citrus, Hernando, Levy, Marion, Pasco, Polk, Sumter | Bluegill, Redear sunfish | Two per week | Two per week |
| | | Spotted sunfish, Redbreast sunfish | One per month | Two per week |
| | | Largemouth bass | One per month | One per week |
| Wolf Lake | Highlands | Bluegill | One per month | Two per week |
| Woodbine Spring Lake | Santa Rosa | Channel catfish | One per month | Two per week |
| | | Bluegill, Redear sunfish | One per month | One per week |
| | | Largemouth bass | DO NOT EAT | DO NOT EAT |
| Yellow River and tributaries | Escambia, Okaloosa, Santa Rosa | Longear sunfish | One per week | Two per week |
| | | Bluegill, Spotted sunfish | One per month | Two per week |
| | | Chain pickerel | One per month | One per week |
| | | Redear sunfish, Warmouth | | |
| | | Largemouth bass, | One per month | One per month |

Table 2: **Eating Guidelines for Marine and Estuarine Fish from Florida Waters**

| Water Body | Species | Women of childbearing age, young children Number of Meals | All other individuals Number of Meals |
|---|---|--|--|
| All coastal waters | Almaco jack | One per month | One per month |
| All coastal waters | Atlantic croaker | Two per week | Two per week |
| All coastal waters | Atlantic spadefish | One per week | One per week |
| All coastal waters | Atlantic stingray | One per month | One per week |
| All coastal waters | Atlantic thread herring | One per week | Two per week |
| All coastal waters | Atlantic weakfish | One per week | Two per week |
| All coastal waters | Black drum | One per week | Two per week |
| All coastal waters | Black grouper | One per month | One per week |
| All coastal waters | Blackfin tuna | DO NOT EAT | One per month |
| All coastal waters | Bluefish | One per month | One per week |
| All coastal waters | Bluntnose sting ray | One per week | Two per week |
| All coastal waters | Bonefish | One per month | One per week |
| Florida Bay, Biscayne Bay, and Florida Keys | Crevalle jack | DO NOT EAT | One per month |
| Remaining coastal waters | Crevalle jack | One per month | One per week |
| All coastal waters | Cobia | DO NOT EAT | One per month |
| All coastal waters | Dolphin | One per week | Two per week |
| All coastal waters | Fantail mullet | Two per week | Two per week |
| All coastal waters | Florida pompano | One per week | Two per week |
| All coastal waters | Gafftopsail catfish | One per month | One per week |
| All coastal waters | Gag | One per month | One per week |
| Florida Bay, Biscayne Bay, and Florida Keys | Gray snapper | One per month | Two per week |
| Remaining coastal waters | Gray snapper | One per week | Two per week |
| All coastal waters | Greater amberjack | One per month | One per week |
| Florida Bay, Biscayne Bay, and Florida Keys | Great barracuda | DO NOT EAT | One per month |
| Remaining coastal waters | Great barracuda | One per month | Two per week |
| All coastal waters | Gulf flounder | One per month | One per week |
| All coastal waters | Hardhead catfish | One per week | Two per week |
| All coastal waters | Hogfish | One per week | Two per week |
| All coastal waters | King mackerel less than 31 inches fork length | DO NOT EAT | One per month |
| All coastal waters | King mackerel 31 or more inches fork length | DO NOT EAT | DO NOT EAT |
| All coastal waters | Ladyfish | One per month | One per week |
| All coastal waters | Lane snapper | One per month | Two per week |
| All coastal waters | Little tunny | DO NOT EAT | One per month |
| All coastal waters | Lookdown | One per week | Two per week |
| All coastal waters | Mutton snapper | One per month | One per week |
| All coastal waters | Pigfish | One per week | Two per week |

Table 2: **Eating Guidelines for Marine and Estuarine Fish from Florida Waters**

| Water Body | Species | Women of childbearing age, young children Number of Meals | All other individuals Number of Meals |
|---|--|--|--|
| All coastal waters | Pinfish | One per week | Two per week |
| Florida Bay, Biscayne Bay, and Florida Keys | Red drum | One per month | One per week |
| Remaining coastal waters | Red drum | One per month | Two per week |
| All coastal waters | Red grouper | One per month | One per week |
| All coastal waters | Red snapper | One per week | Two per week |
| All coastal waters | Sand seatrout | One per month | One per week |
| All coastal waters | Scamp | One per month | One per week |
| All coastal waters | Shark, all species less than 43 inches | DO NOT EAT | One per month |
| All coastal waters | Shark, all species 43 inches or more | DO NOT EAT | DO NOT EAT |
| All coastal waters | Sheepshead | One per month | Two per week |
| All coastal waters | Silver perch | One per month | One per week |
| All coastal waters | Skipjack tuna | One per month | Two per week |
| Florida Bay, Biscayne Bay, and Florida Keys | Snook | One per month | One per month |
| Remaining coastal waters | Snook | One per month | One per week |
| All coastal waters | Snowy grouper | One per month | One per month |
| All coastal waters | Southern flounder | One per week | Two per week |
| All coastal waters | Spanish mackerel | One per month | One per week |
| All coastal waters | Spot | One per week | Two per week |
| Florida Bay, Biscayne Bay, and Florida Keys | Spotted seatrout | One per month | One per month |
| Remaining coastal waters | Spotted seatrout | One per month | One per week |
| All coastal waters | Southern kingfish | One per month | Two per week |
| All coastal waters | Striped mullet | Two per week | Two per week |
| All coastal waters | Striped mojarra | Two per week | Two per week |
| All coastal waters | Tarpon | One per week | Two per week |
| Florida Bay, Biscayne Bay, and Florida Keys | Tripletail | One per month | One per week |
| Remaining coastal waters | Tripletail | One per month | Two per week |
| All coastal waters | Vermillion snapper | One per week | Two per week |
| All coastal waters | Wahoo | One per month | One per week |
| All coastal waters | White grunt | One per month | One per week |
| All coastal waters | White mullet | Two per week | Two per week |
| All coastal waters | Yellow-edge grouper | One per month | Two per week |
| All coastal waters | Yellowfin tuna | One per month | Two per week |
| All coastal waters | Yellowtail Snapper | One per week | Two per week |

Table 3. **Fish Consumption Advisories for dioxin, PCBs, pesticides, heavy metals, and saxitoxin**

| WATER BODY | CONTAMINANT | COUNTY | SPECIES | WOMEN OF | ALL OTHER INDIVIDUALS |
|---|------------------------|----------------|---|-------------------------------------|-----------------------|
| | | | | CHILDBEARING AGE, YOUNG CHILDREN | |
| Big Sand Lake | Lead (Pb) | Orange | mussels, crayfish, bluegill livers (grass shrimp and dragonfly larvae also showed elevated Pb levels) | DO NOT EAT | DO NOT EAT |
| Escambia River south of SR 184 to mouth of river | PCBs | Santa Rosa | Striped mullet | ONE MEAL PER WEEK | ONE MEAL PER WEEK |
| Escambia Bay; | PCBs | Santa Rosa | Striped mullet | ONE MEAL PER WEEK | ONE MEAL PER WEEK |
| Upper and Lower Emeralda Marsh WMA Area 7 | | Escambia | (prepared without skin) | | |
| | Pesticides | Lake | Warmouth | ONE MEAL PER WEEK | TWO MEALS PER WEEK |
| | | | Redear sunfish | ONE MEAL PER WEEK | ONE MEAL PER WEEK |
| | | | Golden shiner | ONE MEAL PER MONTH | ONE MEAL PER WEEK |
| | | | Bluegill, Largemouth bass | ONE MEAL PER MONTH | ONE MEAL PER MONTH |
| Lake Apopka | Pesticides | Orange Lake | Black crappie | ONE MEAL PER WEEK | TWO MEALS PER WEEK |
| | | | Bluegill | ONE MEAL PER WEEK | TWO MEALS PER WEEK |
| | | | Blue tilapia | ONE MEAL PER WEEK | TWO MEALS PER WEEK |
| | | | Brown bullhead catfish | ONE MEAL PER MONTH | ONE MEAL PER WEEK |
| | | | Largemouth bass | ONE MEAL PER WEEK | TWO MEALS PER WEEK |
| Lake Munson | PCBs | Leon | Largemouth bass 19 inches or more | ONE MEAL PER MONTH | ONE MEAL PER MONTH |
| Oriskany Reef | PCBs | Escambia | Bank seabass | DO NOT EAT | TWO MEALS PER WEEK |
| | | | Scamp grouper | DO NOT EAT | ONE MEAL PER MONTH |
| Otter Creek | Arsenic (As) | Bay | Bluegill | ONE MEAL PER MONTH | ONE MEAL PER MONTH |
| Pine Meadows Conservation Area | Arsenic, pesticides | Lake | Bluegill, Yellow bullhead catfish, Hoplo catfish, Largemouth bass | TWO MEALS PER WEEK | TWO MEALS PER WEEK |
| Wagner Creek | Dioxin | Miami-Dade | Checker puffer fish or Striped mojarra | DO NOT EAT | DO NOT EAT |

Table 3. **Fish Consumption Advisories for dioxin, PCBs, pesticides, heavy metals, and saxitoxin**

| WATER BODY | CONTAMINANT | COUNTY | SPECIES | WOMEN OF CHILDBEARING AGE, YOUNG CHILDREN | ALL OTHER INDIVIDUALS |
|--|-------------|---|-----------------|---|-----------------------|
| Indian River Lagoon & all marine waters of the listed counties | Saxitoxin | Brevard St. Lucie Martin Volusia Indian River | All puffer fish | DO NOT EAT | DO NOT EAT |